

Ghost Walk (1 or more people)



Can you choose different ways to travel around your house like:

- ♦ a ghost
- ♦ a zombie
- ♦ flying a broomstick
- ♦ spider
- ♦ cat
- ♦ bat

Can you show someone else your way of travelling and can they guess what you are?

Challenge: Can you find other Halloween ways to travel?
Can you carefully travel forwards, backwards and sideways?

Choose words to describe how you moved. Can you use different words for each movement?

<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

Here are some other half term activity ideas. Can you colour each box as you complete the activity?

Design a board game and play with your family

Cook or bake something with your family



Re-read your favourite book

Write a letter to your best friend or a family member telling them about your half term activities

Draw a picture showing what you enjoy about Halloween

Make up a Halloween dance (or find one to copy)



Halloween

At Home

Activities

Ashington

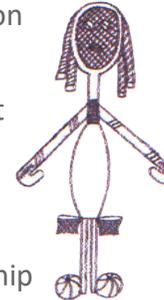
and

Coquet

School

Sport

Partnership



Hello!

The school half term break and Halloween look a bit different this year, but it is really important that we try to be active for 60 minutes each day, so we have put together some fun activities for you to try at home. These can be done by yourself or with your family...

- ◆ How many of them can you try?
- ◆ Can you make up activities of your own to try at home?
- ◆ When you come back to school don't forget to tell your teacher which was your favourite activity!



Halloween Hunt (1 or more people)

Travel around your house and find different objects starting with each letter of HALLOWEEN

Challenge: Can you complete the challenge in under 15 minutes?

Write down the objects that you find:

H

A

L

L

O

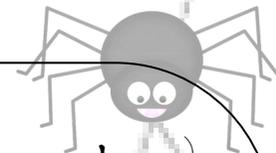
W

E

E

N

How many different words can you make from the letters in HALLOWEEN? Can you find at least 10 words?



Halloween Yoga (1 or more people)

Can you hold each pose for

- ♦ 15 seconds
- ♦ 30 seconds
- ♦ 60 seconds (1 minute)

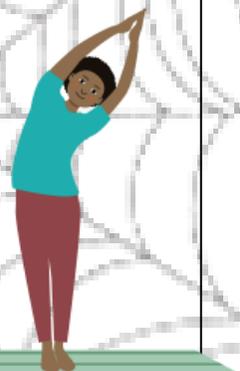
Challenge: Can you find different Halloween poses and hold them for up to 1 minute?



Pumpkin



Frankenstein



Crescent Moon



Monster



Flying on Broomstick



Ghost

Choose one position and describe it as if you are talking on the phone or to someone that can't see you

Pumpkin, Spider, Vampire (2 or more players)

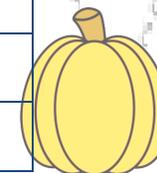
This game is played like rock, paper, scissors:

- ♦ decide on a whole body action for pumpkin, spider and vampire
- ♦ Count 1-2-3 and then each player makes the action
- ♦ Spider beats pumpkin, vampire beats spider and pumpkin beats vampire
- ♦ If both players make the same action it is a draw and no one wins that round
- ♦ Play that the first player to win 5 rounds wins the game

Challenge: Can you make the actions using your whole body? (Make sure you have enough space to play safely)

Can you record the results of each round in this tally chart?

Name	Tally	Frequency



Eyeball Hunt (1 or more people)



You have 5 minutes to collect as many things as possible that have eyes.

- You can only collect one thing at a time
- You must do 5 star jumps before you set off to find a new item

Challenge: When travelling to find a new item can you move in different ways (eg crawling, hopping, skipping)?

Can you write a short spooky story including all of the items that you have found? Can you tell the story to a grown up or your favourite teddy bear?

Autumn Hunt (You need an adult for this one)

Can you go for an Autumn walk with a grown up and see what signs of Autumn and Halloween you can see! Why not take your whole family?

Can you see: a pumpkin, a black cat, a spider's web, a spooky looking tree, different coloured leaves, fruit hanging on a tree



Witch's Cauldron (1 or more players)

Roll up a pair of socks and try to throw into the witch's cauldron (a box or basket)

- After each successful attempt, take a small step backwards
- Have 5 attempts, how many times can you get it into the box?
- Repeat the challenge and try to beat your best

Challenge: Make this more difficult by starting by standing further away, or use a smaller box or basket

Can you measure the furthest distance you successfully threw into the witch's cauldron?

What is this distance in metres? m

What is this distance in centimetres? cm

Can you repeat the challenge and successfully throw from a greater distance? How much further is this than your previous best? cm

Can you make up a scoring system and challenge other people in your home to a witch's cauldron competition?

Name	Score

